



## Year Group Induction - 3 Day

### Factsheet

The Year Group Induction programme is designed to build effective teams by creating common bonds for young people from different feeder schools.

Through a wide range of activities, your pupils will discover more about themselves and their peers whilst acquiring many of the skills and attributes that they will need and continue to develop throughout their school and teenage years.

Your course will follow structured progressions using an appropriate range of activities presented in a safe and supportive environment. The activities are complemented by reflective reviewing to help your pupils to acquire a range of transferable skills, self-awareness and confidence. When you arrive at the centre, your pupils will be divided into groups of up to twelve and will be met by an experienced instructor who will guide them through the course. Each group will undertake a range of activities that are carefully chosen to enable them to achieve the learning objectives below, directly linked to the National Curriculum.

Outward Bound® courses are designed to help enable young people to become:

#### Successful learners

- › Increase skills in working with others, communicating and planning

#### Responsible citizens

- › Develop relationship skills and make new friends
- › Increase skills in working with others, communicating and planning

#### Confident individuals

- › Develop relationship skills and make new friends
- › Develop and improve personal awareness
- › Increase concern for, and awareness of, the natural environment
- › Enjoy and experience new adventures

#### Key Facts

Age group: Year 7-9

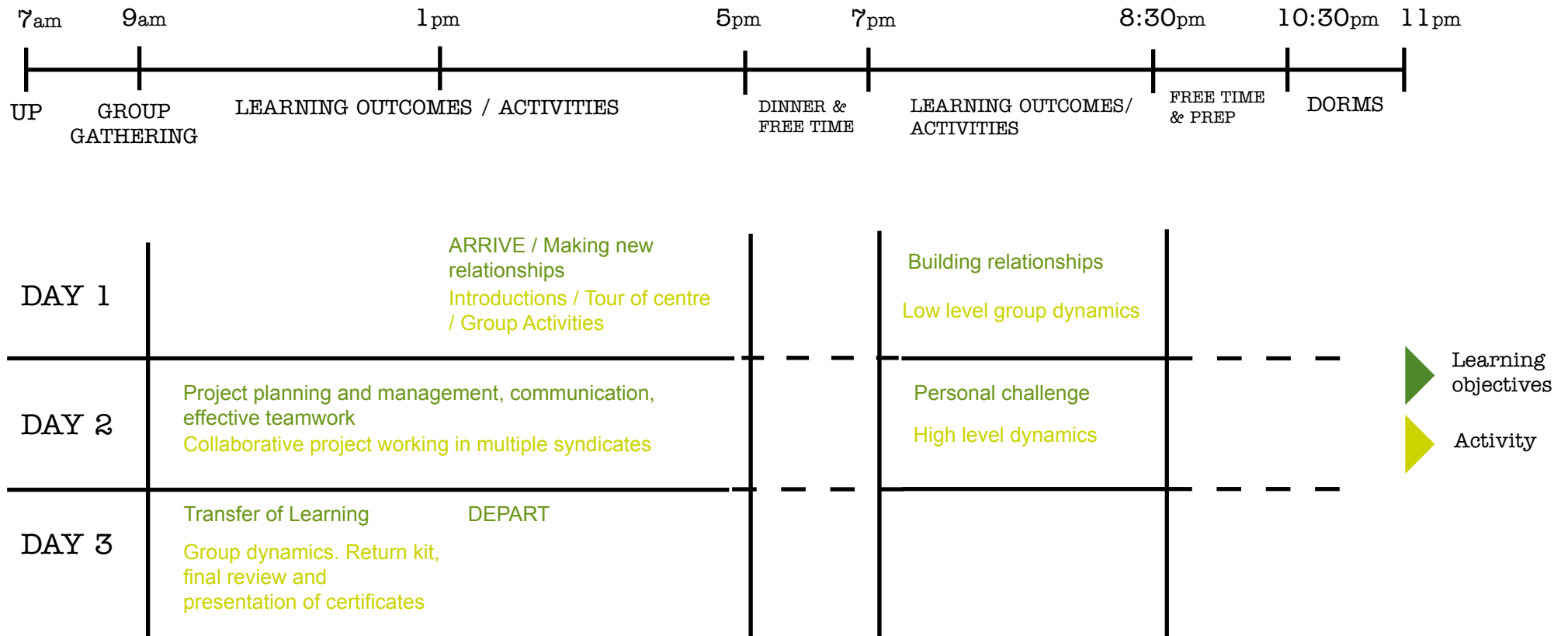
Key stage: 3

Duration: 3 days; Friday - Sunday, Split week; Monday - Wednesday, Wednesday - Friday

Location: Aberdovey, Wales / Ullswater, England / Howtown, England / Loch Eil, Scotland

# Sample programme: Year Group Induction (three-day)\*

All courses start and finish at 1pm



\*Please note this is a sample programme only. All activities will depend on centre location, weather and group ability.