



# Year Group Induction - 5 Day

## Factsheet

The Year Group Induction programme is designed to build effective teams by creating common bonds for young people from different feeder schools.

Through a wide range of activities, your pupils will discover more about themselves and their peers whilst acquiring many of the skills and attributes that they will need and continue to develop throughout their school and teenage years.

Your course will follow structured progressions using an appropriate range of activities presented in a safe and supportive environment. The activities are complemented by reflective reviewing to help your pupils to acquire a range of transferable skills, self-awareness and confidence. When you arrive at the centre, your pupils will be divided into groups of up to twelve and will be met by an experienced instructor who will guide them through the course. Each group will undertake a range of activities that are carefully chosen to enable them to achieve the learning objectives below, directly linked to the Curriculum for Excellence.

Outward Bound® courses are designed to help enable young people to become:

### Successful learners

- › Increase skills in working with others, communication and planning
- › Enjoy and experience new adventures

### Responsible citizens

- › Understand more about the natural environment

### Confident individuals

- › Develop relationship skills and make new friends
- › Increase skills in working with others, communication and planning
- › Develop and improve personal awareness
- › Improve understanding and respect for other people
- › Develop organizational skills and a sense of responsibility

### Effective contributors

- › Develop relationship skills and make new friends
- › Increase skills in working with others, communication and planning
- › Develop and improve personal awareness

### Key Facts

Age group: S1-3

Duration: 5 days; Monday - Friday

Location: Aberdovey, Wales / Ullswater, England / Howtown, England / Loch Eil, Scotland

# Sample programme: Year Group Induction (five-day)\*

All courses start and finish at 1pm

	7am	9am	1pm	5pm	7pm	8:30pm	10:30pm	11pm
	UP	GROUP GATHERING	LEARNING OUTCOMES / ACTIVITIES	DINNER & FREE TIME	LEARNING OUTCOMES/ ACTIVITIES	FREE TIME & PREP	DORMS	
MON			ARRIVE / Making new relationships Introductions / Tour of centre / Group Activities		Building relationships Low level group dynamics			
TUE		The Learning Cycle Low level group dynamics	Effect of contribution on whole team performance Problem Solving		Individual responsibility Orienteering			
WED		Communication and planning Canoe journey			Personal challenge High level dynamics			
THU		Project planning and management, communication, effective teamwork Collaborative project working in multiple syndicates			Celebrating success Group presentations			
FRI		Transfer of Learning Group dynamics. Return kit, final review and presentation of certificates	DEPART					

 Learning objectives  
 Activity

\*Please note this is a sample programme only. All activities will depend on centre location, weather and group ability.

